



Melatonin as a key regulator in molecular-genetic network of glucose variability related to circadian rhythm

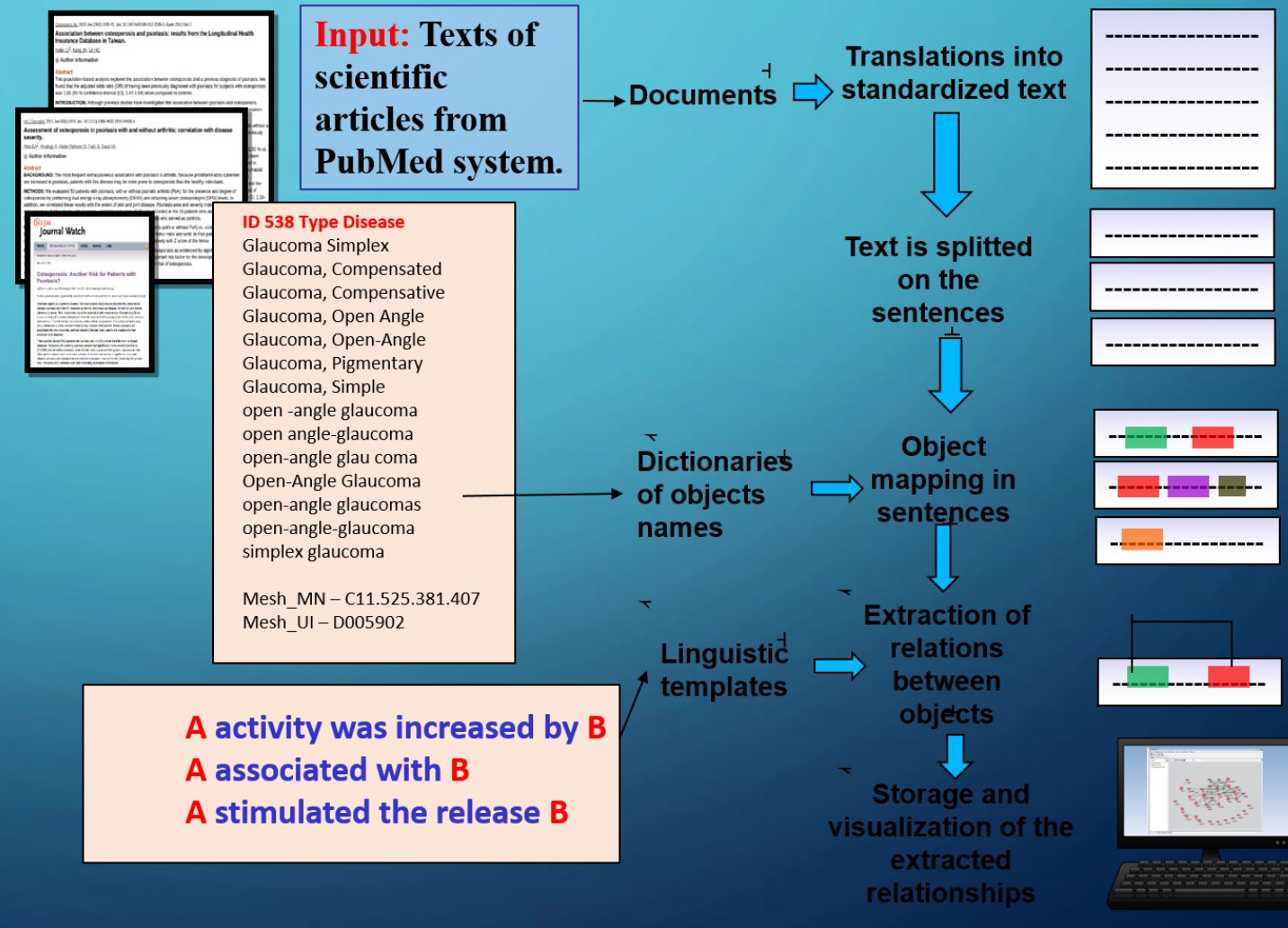
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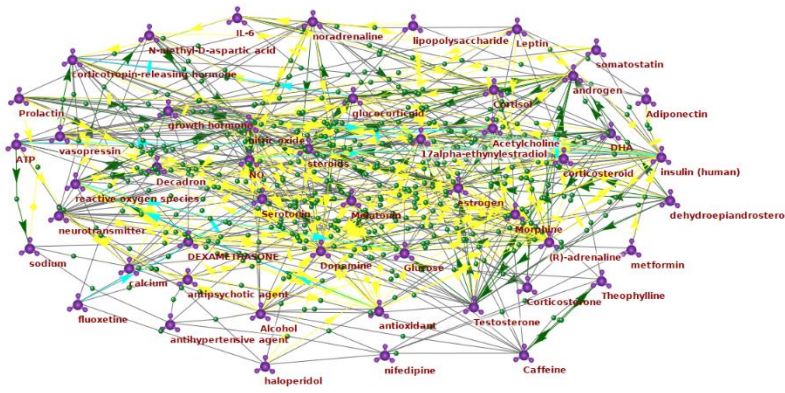
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- Pathological fluctuations in glucose levels are associated with various aspects of diabetes and especially with the development of its complications. The glycemic variability depends, among other factors, on the circadian rhythm.

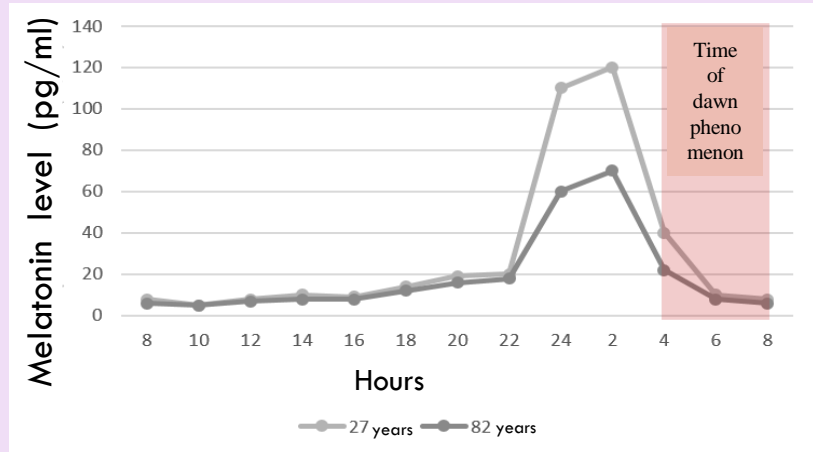
- The ANDSystem, developed at the Institute of Cytology and Genetics SB RAS, allows to automatically build associative molecular genetic networks associated with complex phenotypic characters and biological processes. Analysis of molecular-genetic networks can improve understanding of the mechanisms of glucose variability.



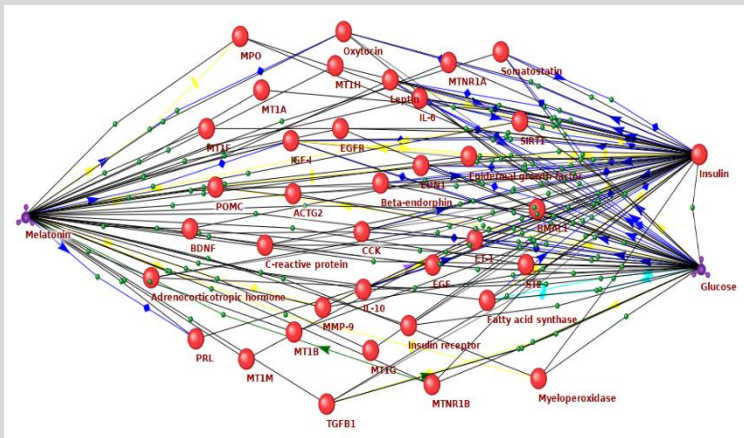
Analysis of molecular-genetic networks by ANDSystem revealed that melatonin is a key regulator in the network of glucose variability related to circadian rhythm.



According to ANDSystem, 49 objects are associated with circadian rhythm, hyperglycemia, and hypoglycemia, including hormones, growth factors, cytokines, chemical substances, and metabolites.



Analysis of the network showed that melatonin and its precursor serotonin possessed the highest values of betweenness centrality. Melatonin plays a key role in maintaining sleep-wake cycles. It is interesting that at 4-8 o'clock in the morning there is a sharp decline in the concentration of melatonin and at the same time some patients with diabetes show dawn phenomenon.



Analysis of molecular-genetic networks showed that melatonin is able to regulate insulin and glucose levels. This regulation requires participation of a large number of intermediary genes and proteins.

ACKNOWLEDGMENT

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THANK YOU FOR YOUR ATTENTION!